- **Essence:** Sweet children, whilst souls are playing their part, they cannot take 100% *rest*. They take a *rest* in the land of nirvana where there is no *part*.
- **Question:** What thoughts do children who become tired of studying have which then become sinful thoughts?
- **Answer:** They have thoughts of leaving the Father, that is, of divorcing the Father. Baba says: To have this thought is also a sinful thought. It is a sin to have such a thought. Not to study means to become tired. Such children spoil their sustenance. If you sulk with the Mother and Father due to any situation, you lose the sovereignty of 21 births.
- **Song:** People of today are in darkness...

Om shanti. This is a song and a prayer of the path of devotion. Whom do they pray to? To God, but, because of being in extreme darkness, they don't know God. So who would listen to them? Only when He hears their call can He come and ignite their light. However, children don't know God, so how can He hear them? You are now sitting personally in front of Him. God is taking you from extreme darkness into extreme light. It is remembered: The night of Brahma and the day of Brahma. At night, they stumble a lot from door to door. They go to the mountains, religious places, temples and mosques etc., but where would anyone find God? They celebrate the birth of God in Bharat. They speak of the night of Shiva. There truly are images as memorials of Him in Bharat, but they don't understand when He comes. They are completely in the dark. You are no longer in complete darkness. You are continuing to come in the light, numberwise, according to the effort you make. You children know who creates this whole world and how He creates it. You have come here to this world spiritual university where God is teaching you and making you into deities from human beings. Amongst you too, you understand this knowledge numberwise. Some understand very well, whereas others who don't understand fully then run away. They sulk with the Mother and Father. For such ones, it is remembered that they were the ones who were amazed and who then began to sulk with the Mother and Father. They like this knowledge, they relate it to others and then they become those who sulk. You know that you receive the sovereignty of heaven from the Mother and Father for 21 births and yet you forget Him. Baba has explained that what you call peace can only be received in the land of peace, the land of nirvana. That is also called the land of liberation. If some say that they are at 100% rest, there is no such thing as that. Throughout the day, they definitely perform one or another type of action. Yes, they can call the sleep at night temporary *rest* because the soul says: Having worked through the whole day, I am now tired and so I am now taking a rest. The soul detaches himself. You know that the Father resides in the land of peace and you understand that the Supreme Father, the Supreme Soul, stays there in rest. God is at rest when He doesn't have a part to play. No one does any work in the land of liberation. These matters have to be understood. The lock on your intellect is now continuing to open. The Father asks: Do you know when I am at *rest*? When you children are in heaven, in happiness. There, you have peace and happiness. That is not called *rest*. You can say you are at *rest* when you don't have any part. When you are in heaven, I don't have to make any effort. I stay there (at home) in peace. Another name for peace is *rest*. You cannot stay at *rest* here. The soul says: I am at *rest* when I go to sleep at night. At that time, whether I am at *rest* or in peace, it is the same thing. You become bodiless at night, you become peaceful. Then, when you wake up, you start to act, and then too, you are at *un-rest*. When performing actions, you experience un-rest (restlessness). In the golden age, there is no question of un-rest. It is Maya that makes you restless (un-rest). There, you would not say that you are at rest. Here, whilst doing all your work, you don't remain peaceless. The word *rest* doesn't exist there. For instance, someone might say: I am going to go to Simla for a *rest*, but that is not the meaning of at *rest*. True *rest* is when we are in the land of nirvana. There, we remain silent, but. there is no such thing as rest. When someone says that he is at 100% rest, that is wrong. That is called ignorance. Yes, it would definitely be said: If someone doesn't want to study, he takes a *rest*. Not to study and to take a *rest* means you are tired. You then spoil your own sustenance. It is said: O traveller of the night, don't become weary whilst walking on the path to heaven. Don't sulk. The thought of divorcing the Mother and Father should not even arise. If you have that thought, it is a sinful thought. Why should you have such thoughts about the Mother and Father from whom you receive the kingdom of heaven? Sometimes, some write: I sometimes have a thought of leaving this study. I can't understand anything. Ah, but this is the time to understand, is it not? To understand means to study. You know that we are studying. No one knows the Supreme Father, the Supreme Soul, who is the Ocean of Knowledge, the Highest on High. Although the people of Bharat know Brahma, Vishnu and Shankar and Lakshmi and Narayan, they don't know when Lakshmi and Narayan claimed their kingdom or who gave it to them. Maya has put everyone into extreme darkness. The Father comes and explains how the Creator Father creates the human world. No one knows this at all. The Father alone sits here and explains. Prajapita Brahma cannot be called the *Creator*. Although he is called the Father of the People, he is not a creator. People say that Allah created them. Only the Incorporeal Father would be called the Creator. It is only human beings who can know the Father, the Creator. Animals could not know Him. Animals couldn't say that the Supreme Soul created them. Human beings would say that God created them. So, the Father sits here and explains: Look how this creation is created. First of all there is the mouth-born creation. Children have to grow up and then become fathers. This unlimited Father says: Look how I too create a creation. I enter this one and tell him through his mouth: O soul, you belong to Me. I am your Father. Then I create you children through him. You are the mouth-born creation. On the path of ignorance, it is said: However I am, whatever I am, I am Yours. The Father also says this. You become the children of Brahma. You are now the mouth-born creation and then you will become a physical creation. The Father says: You belong to Me and then you will go into the deity clan. No one can understand how the Father creates this Godly creation. The Father explains and this Brahma also says: I too become a mouthborn creation. Together with the Father, a mother is definitely needed. You say that you are the mouthborn creation of Prajapita Brahma and that Shiv Baba has made you belong to Him. He definitely needs a body, does He not? Shiv Baba doesn't have a body of His own. He takes a body on *loan*. He then says: You belong to Me. This is called the mouth-born creation. Shiv Baba says through this mouth, through His wife: You are My children. Only the Father explains these things; these things are not mentioned in the scriptures etc. You now listen to these things and then they will disappear. At this time, there is extreme darkness. The Father comes and brings light and this is why the night of Brahma and the day of Brahma are remembered. At least something exists. It is sung: When there is falsehood, there is nothing but falsehood and not a trace of truth. However, the Father says: Something or another remains; there isn't annihilation. A few will remain and then the tree will begin to grow. People have shown a great annihilation. However, no great annihilation takes place. It isn't that a child comes floating in the ocean on a pipal leaf. All of those things are lies. The Father has explained: When you come from the palace of a womb, you remain in bliss there. There is no sorrow or sinful action there. That is the world of charitable souls whereas this is the world of sinful souls. You renounce everything here and become charitable souls for all time. You perform so much charity, that for half the cycle, no one would call you a sinful soul. You become imperishable charitable souls. Then, for half the cycle, you are called sinful souls. You repeatedly perform charity and make donations. Bharat is called *completely* righteous. It is in Bharat that they make donations and perform charity. You know that we are going to leave this world and will not come back here. You are transferring the materials of this world to the new world. People offer everything to God, that is, they transfer it to their next birth. Here, you transfer everything for 21 births. So, a lot is needed. He takes all the rubbish from you and gives you everything new. He takes all the old things from you and gives you golden things. You give to the Father with honesty and then the Father also gives you everything. Your part that has continued is fixed in the drama. Everyone renounced their homes. How else could the cowshed have been created? People don't know how the furnace was created. They show that there were the kittens in the furnace. You children have all of this knowledge at this time. Then, this knowledge will not remain there. There, you won't have the knowledge that you will rule a kingdom for 21 births and then fall down. It is now that you have the *part* of being trikaldarshi. It is only you who have the main *part* of a *hero* and *heroine*. No one else has this *part*. It is only you people of Bharat who change from devils into deities and deities into devils. All the rest are *by-plots* in-between. In a play, in the middle, they have amusing parts. After half the cycle, the deity religion disappears. This whole cycle continues to turn in

your intellect and this is why you are able to explain. The Supreme Father, the Supreme Soul, is God, the One who resides in the supreme abode. The Father says: I have all the knowledge in Me. I am the living Seed of the human world tree. Those are the non-living seeds whereas Shiva is the living Seed. His image is worshipped. Nowadays, the *Government* plants tree *saplings*. This is the living Seed. He is called the Seed of the tree of the human world. I have the *knowledge* of the whole tree. When someone says that he is at 100% rest, you should understand that there can never be 100% rest. Yes, it can be said that, in heaven, there is 100% purity, happiness and peace. The very name is heaven. The Father is called Sat Shri Akaal. He is the One who speaks the truth. Death never comes to Him. He is called the Death of all Deaths. The Father says: This is the dirty world. This haystack definitely has to be set on fire. You children know that this Mahabharat War is greatly beneficial. People create sacrificial fires for peace, that is, they don't want the gates of heaven to open. You clap your hands for the haystack to be set on fire so that you can go to the new world of Paradise. The flames of destruction have emerged from this sacrificial fire of the knowledge of Rudra. Those who belong to the Father will become the masters of heaven. All the rest have to settle their karmic accounts and return home. You know that you now have to return to the land of liberation and then you have to *repeat* your *part*. Where did all those deities of the golden age come from? It is said: It didn't take God long to change human beings into deities. He changes you from shells into diamonds, from impure to pure. To the extent that someone imbibes knowledge, so he accordingly claims a status. A kingdom is being established. You know that you are establishing heaven for yourself by following shrimat. If someone sulks with shrimat and follows the dictates of his own mind, they would be the dictates of Ravan. This is why you have to continue to take shrimat at every step. The Father makes you a trustee for as long as you live. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Become a *complete* donor. Surrender everything to the Father with honesty and *transfer* it for the new world.
- 2. Become a *trustee* as long as you live. Take shrimat from the Father at every step. Never sulk with shrimat and follow the dictates of your own mind.
- **Blessing:** May you surrender yourself to the Father and become *double-light* by surrendering even with your intellect.

Give your responsibility to the Father and surrender yourself to the Father, that is, hand over all your burdens to the Father and you will become *double-light*. Surrender yourself with your intellect and nothing else will enter your intellect. Everything belongs to the Father, that's all! If the Father is everything, nothing else remains. Since nothing else remains, where else could your intellect go? There is simply the one Father, the one path of remembrance, and by following this path, you will easily reach your destination.

Slogan: Only someone who plays his *part* seated on the seat of stability as a detached observer is an elevated actor.

OM SHANTI